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Banana Bread Overnight Oats

Makes 2 servings

Ingredients

- 1 $\frac{1}{2}$ medium - banana
- $\frac{2}{3}$ cup - oats
- $\frac{1}{2}$ cup - Greek yogurt, plain
- 1 $\frac{1}{2}$ tablespoon - chia seeds
- $\frac{2}{3}$ cup - milk
- $\frac{1}{2}$ teaspoon - cinnamon
- $\frac{1}{8}$ cup - pecans, chopped

Directions

1. Mash 1 banana with a fork in a large bowl. Add the oats, yogurt, chia seeds, milk, and cinnamon. Stir well.
2. Pour mixture into two half-pint (1-cup) canning jars. Cover and refrigerate overnight.
3. Cut half of a banana into slices and top each jar with some of the banana slices and 1 Tablespoon of chopped pecans, each. Enjoy!

